

FITNESS PROGRAMS



PARKINSON SUPPORT GROUP

Feb 7 | March 7 | April 14 | May 2 | June 6
11:30 am - 12:30 pm

The local Parkinson Disease Community invites you to join this support group promoting awareness, education and research. This open forum will allow for sharing real life issues that individuals with Parkinson Disease and caregivers experience. Special guest speakers will be booked once a month.

Fee

No charge

Contact

Joe Schlicher, Support Group Coordinator
262.949.8011 | jmsgclassic@gmail.com



Join us at 10:30 am for
Rock Steady Boxing
(Parkinson Exercise Group)

In Partnership with



WISCONSIN
PARKINSON
ASSOCIATION



Mercyhealth™
A passion for
making lives better.™

To register contact:
262.248.6211
GenevaLakesYMCA.org