

# FITNESS PROGRAMS



## PARKINSON SUPPORT GROUP

Sept 5, 12 | Oct 3 | Nov 7 | Dec 5  
11:30 am - 12:30 pm

The local Parkinson Disease community invites you to join this support group promoting awareness, education and research. This open forum will allow for sharing real life issues that individuals with Parkinson Disease and caregivers experience. Special guest speakers will be booked throughout the session.

### Scheduled Speakers

Sept 5 | ACORDA Life Science  
Sept 12 | Lundbeck  
Oct 3 | US WorldMeds

### Fee

No charge

### Contact

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### In Partnership with



WISCONSIN  
PARKINSON  
ASSOCIATION



Join us at 10:30 am for  
Rock Steady Boxing  
(Parkinson Exercise Group)

To Learn More:  
Call | 262.248.6211 x17  
Visit | [GenevaLakesYMCA.org/rsb](http://GenevaLakesYMCA.org/rsb)