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FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



SCHEDULE OF EVENTS

Saturday, April 26 | 8:30 am

Registration/Check in at YMCA | Packet Pick up
Packet Pick up is also available Friday, April 25 from 5 am-7:30 pm

6-8:30 am

5K Swim

8:45 am

5K Group Run/Walk Warm Up

9 am

5K Run/Walk Begins

9:45 am

Awards Announced

10 am

Kids Run

Sponsorship Opportunities Available!

5K REGISTRATION INFO

Race Starts/Ends

Geneva Lakes Family YMCA
203 S. Wells St., Lake Geneva, WI 53147

\$30 | 5K Swim Only

Fee includes: t-shirt, finisher medal and snacks.
Participants must continuously swim 200 pool lengths.
Maximum of 30 participants for 5K Swim event. Bring your own counter.

\$35 | 5K Run/Walk Only

Fee includes: t-shirt, professional chip timed race, marked course, top finisher awards and snacks.
Ages 11-17 years.

\$50 | 5K Swim AND Run/Walk

Fee includes: all of the above.

Free | Kids 10 and Under Run/Walk Only

This 1/4 mile run immediately follows the 5K Run/Walk at 9 am and is scheduled to start at 10 am.

2025

SPRINT & SPLASH FOR SPRING



GENEVA LAKES FAMILY YMCA

A 5K RUN/WALK & SWIM

SATURDAY, APRIL 26

RAIN OR SHINE!



LEARN MORE & REGISTER BY APRIL 12, 2025:
GenevaLakesYMCA.org/5k

All Adults and Youth (as well as Kids for free run) need to register for this event.

Registrations after April 12 will incur an additional \$5.00 fee per person

Proceeds benefit Rock Steady Boxing, a fitness therapy program for adults with Parkinson's disease.

Join us immediately after the 5K Sprint & Splash for

HEALTHY KIDS DAY

Free Community Event | 10:30 am-12 noon
GenevaLakesYMCA.org/hkd

