



GUARD

LIFEGUARD CERTIFICATION

BECOME LIFEGUARD CERTIFIED

For ages 15+, this course is designed to certify you as a Red Cross Lifeguard in: CPR, First Aid and AED administration. Course includes an in-class pre-test (see below), lecture with video and practical skills both in water and on land.

Blended Learning requires you to complete the online portion, which is about eight hours BEFORE attending the first class. The in-person portion is 21 ½ hours. You will be required to print the certification at the end of the online portion to show you passed and bring that to class.

In Class Pre-test Content

Swim 150 yards, tread water for two minutes with hands in armpits and then swim 50 yards. There will also be a timed brick test.

Blended Learning Fees: \$260 Members | \$310 Community

Blended Learning Meeting Dates & Times:

Upcoming Sessions:

- Monday, Mar. 23 | 4-8 pm
- Tuesday, Mar. 24 | 9 am-6 pm
- Wednesday, Mar. 25 | 9 am-6 pm
- Sunday, May 3 | 9 am-6 pm
- Friday, May 8 | 5 pm-9 pm
- Saturday, May 9 | 9 am-6 pm

Must attend all classes in chosen session

LIFEGUARD REVIEW COURSE

Ages 16+ | One day class certification

Member: \$125 | Community: \$150

Please note the online portion is about six hours. That needs to be complete before taking the in-person portion which is about 9 ½ hours.

Course Selection Date

- Saturday, March 21 | 8 am-6 pm
- Saturday, May 23 | 8 am-6 pm

Registration

Register at the Front Desk | Online at GenevaLakesYMCA.org | Call 262.248.6211

***A minimum of three participants must be registered for course to run.**

Contact Information

Gertrude Suhajda, Aquatics Director
gertrude.suhajda@glymca.org
262.248.6211 x22