



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRIVATE SWIM TEAM COACHING



Our USA-certified swim team coaching staff leads these one-on-one sessions tailored to a swimmer's individual needs and goals. Whether it's improving stroke mechanics, enhancing starts and turns, or building endurance for competition, they have you covered! Great for competitive swimmers and triathletes!

Five – 45 minute sessions

Member: \$163 Community: \$326

**If you are interested in learning more or
scheduling sessions, contact:**

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