

Geneva Lakes Family YMCA completes renovation project

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A renovation project has been completed to the Geneva Lakes Family YMCA's Wellness Center, 203 S. Wells St. in Lake Geneva.

The project included installing new fitness equipment, updating the flooring and enhancing the layout of the center.

As part of the renovations, six new squat racks, a power lifting platform, expanded free-weight and strength-training areas, cable and plate-loaded equipment, improved cardio area, Ab/Adductor machine and Hip Thruster machine have been installed at the YMCA facility.

"We wanted this renovation to be about more than simply replacing equipment. We looked at how our members use the Wellness

Center and how we could create a space that is more functional, comfortable and inviting," Michael Kramp, CEO of Geneva Lakes Family YMCA, said in a press release. "This investment gives our members new ways to train while creating an environment that supports people at every stage of their wellness journey."

Melissa Monge, program operations director at Geneva Lakes Family YMCA, said the updated Wellness Center will provide more quality workout space for patrons.

"The new equipment and layout gives our members more options for functional training, strength development and cardiovascular fitness, while making the entire Wellness Center feel fresh and welcoming," Monge said.



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New fitness and workout equipment has been installed as part of a renovation project that was completed to the Geneva Lakes Family YMCA's Wellness Center.

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