



DRAGON KENPO KARATE

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Dragon Kenpo Karate is a well-rounded self-defense martial art that can be tailored to the individual. This program will focus on the fundamentals of both mental and physical skill sets that will last a lifetime. Class is designed for kids, adults, and families; it is a great activity to do together. Information on ordering uniforms and belts (additional fee) will be passed out in class on the first night.

Spring Sessions
Fridays | 6-7 pm | Ages 7+

Dates & Fees

Spring I | 3/13-4/17 | Member \$48 | Community \$96

*No class 3/27

Spring II | 4/24-6/5 | Member \$48 | Community \$96

*No class 5/22

Staff & Certifications

Jeff Hansen | 4th Degree Blackbelt, Dragon Kenpo
and Yang Style Tai Chi

Katelyn James | Blackbelt, Dragon Kenpo

Questions

Contact Mike Coolidge, Sports Operations Director
262.248.6211 x30 | mike.coolidge@glymca.org

Register

In Person: Front Desk

Online: GenevaLakesYMCA.org

Call: 262.248.6211 | Mobile APP

