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FOR HEALTHY LIVING
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SWIM TO WORK PROGRAM

The Geneva Lakes Family YMCA offers a Swim to Work Program! This is a readiness and training program that aims to take high school students and retired-age adults through the process of becoming certified lifeguards. Participants do not have to know how to swim before beginning, but must not be afraid to go underwater.

This Swim to Work program is FREE!*

*Participants will sign a contract stating they will complete the necessary programs to become lifeguard certified and work as a YMCA lifeguard covering at least two shifts/days per week for a minimum of six months.

How does this program work?

The Swim to Work program meets individuals where they are in their swim ability and then focuses on the necessary techniques and skills to ultimately help them pass the lifeguard certification course. Participants can join starting October 1, 2026. The length of time to complete this program will vary by individual's swim ability, how comfortable they are in the water and the time it takes to complete the specialized Lifeguard Certification Training program. This program will meet once a week on Wednesdays.

Join anytime!

Swim to Work Program Meets: Wednesdays | 6:45–7:30 pm



Learn More & Join:

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