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YMCA Day Camp Helps Sammi Gain Confidence & Overcome Fear

**“The YMCA Day Camp was a life saver for my child—
it helped him grow socially & overcome his fears of
being in new places & new situations.”**

- Alicia (Sammi's Mom)

Alicia is very thankful for the positive influence the Geneva Lakes Family YMCA Summer Day Camp had on her 4-year-old son Sammi.

Prior to attending Day Camp at the Y, Sammi was very shy and reserved. He was extremely afraid of being in new places and situations. He'd never attended a camp or any other structured program before. Alicia was determined to help him overcome his fears before starting kindergarten in the fall. She researched different programs in the area and was excited to discover that the Y was offering a new Summer Day Camp program.

Sammi attended 11 weeks of Y camp throughout the summer. After just a few weeks he blossomed and became a standout in the program. He thrived from learning the YMCA values of caring, trustworthiness, respect, responsibility, fairness, and citizenship. Thanks to his positive experience at the Y, Sammi has become more outgoing and confident.

“The YMCA Day Camp was a life saver for my child”, Alicia said. “Camp helped him grow socially and overcome his fears of being in new places and new situations.”

Alicia noted that Y Day Camp taught Sammi valuable life lessons that will set him up for success in kindergarten and beyond. He learned to adapt to rules, expectations, structure, and how to work as a team with peers. He also learned how to swim.

“Sammi loved camp and his camp leaders! He would come home every night with stories and songs to share”, Alicia said. “I am so grateful for the YMCA's Summer Day Camp program. It made a significant difference in Sammi's life and was the experience he needed to be successful in kindergarten.”



YMCA Summer Day Camp helped 4-year-old Sammi overcome his fear of new situations & places, & develop skills to prepare him for success in kindergarten.